



CHAVANA
— SPA —



Sensatori Sharm El Sheikh

Packages

Journey of the Senses 2 hrs 10 mins 1,300EGP
Immerse yourself in an unforgettable journey of the senses. Citrus Footbath ~ Lime Body Wash and Choice of Botanical Body Polish ~ Traditional Balinese Massage ~ Refresher Facial.

Hammam 1 hr 30 mins 1,100EGP
Inspired by the ancient Turkish bath, this treatment includes a deep scrub in the warm Hammam room to exfoliate your skin, cleansing ritual with soap bubbles, natural facial mask while enjoying a warm herbal drink in the relax zone and ending with a 30-min back, neck and shoulder massage.

Heaven & Earth 1 hr 20 mins 900EGP
This treatment package begins with a Traditional Balinese Massage to unwind and is followed with a Refresher Facial to leave you glowing.

Facial

Purity Facial 50 mins 570EGP
Using fresh ingredients prepared daily in the Spa kitchen. This facial treatment delivers cleaner, healthier and smoother skin.

Massages

Chavana Massage 50 mins 1,010EGP
Chavana's signature massage is a fusion of global techniques performed by two therapists at the one time.

Warm Stone Massage 50 mins 830EGP
A massage therapy that employs smooth warmed stones on the body to relax muscles and improve blood circulation.

Muscle Ease Massage 50 mins 700EGP
A deep tissue massage that relaxes the tired muscles, easing muscular tension and stress related knots.

Traditional Balinese Massage

	1 hr 20 mins	50 mins
Single	940EGP	610EGP
Couples	1,780EGP	1,160EGP

Passed down through the generations this massage is designed to loosen tight muscles and improve energy flow through the body.

Asian Foot Massage 50 mins 570EGP
Inspired by a selection of different Asian massage styles, this combination of strokes stimulates circulation, relieves tired and painful feet.

Express Massage 30 mins 440EGP
For those of you on a tight schedule, this short but effective massage focusing on the back, neck and shoulders will help to relieve tension and stress.

Botanical Body Polish & Wrap

Hibiscus Body Scrub 45 mins 430EGP
Inspired by the invigorating fragrance of Hibiscus flowers, green tea and rice powder, this body scrub removes dead skin, complemented with a carrot conditioner to moisturise and keep the skin smooth. Not recommended for sunburned skin.

Green Tea-Spice Body Wrap 45 mins 430EGP
Infused with rich aromas of fresh ground rice and green tea, combined with the warming properties of spices, this body wrap is ideal for sore muscles, colds and flu. Cucumber conditioner is applied to cool the body. Not recommended for sensitive or sunburned skin.

Sun Soother Wrap 30 mins 430EGP
Although designed to ease and heal sunburned skin, this wrap is a delightfully refreshing treatment that delivers hydrating, balancing, anti-inflammatory and healing properties to any skin. Begin with a compress of chilled lavender-infused towel, followed by a cooling and hydrating wrap that combines cucumber and lavender essential oil with a good dose of bliss, courtesy of a relaxing foot massage. Shower off and then finish with a soothing and healing application of stabilised Aloe Vera gel.

More of Chavana

Spa Pedicure 1 hr 15 mins 480EGP
Spa Manicure 1 hr 440EGP
A spa treatment designed for the hands and feet. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

Usage of Spa Facilities 220EGP
Indoor Pool, Sauna, Cold Shower and Steam rooms.

2, 3 or 4-day Spa Package

Enjoy daily indulgence with our multi-day packages. Every day offers a luxurious spa experience to make your stay unforgettably wonderful. Please contact our spa for more information.

Children's Menu

Pedicure	50 mins	420EGP
Pedicure with nail art	1 hr 15 mins	480EGP
Manicure	45 mins	390EGP
Manicure with nail art	1 hr	440EGP

A fun spa treatment for your princess hands where you can choose bright colors and nail art. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

Back, Neck and Scalp Massage 30 mins 370EGP

We promise not to tickle you in this wonderful soft massage done near the indoor pool or in an outdoor area of the resort. Bring your mom and dad so they can watch over you.

Teens' Menu

Pedicure	50 mins	420EGP
Pedicure with nail art	1 hr 15 mins	480EGP
Manicure	45 mins	390EGP
Manicure with nail art	1 hr	440EGP

A complete spa treatment for hand and feet, where you can choose bright colors and even a French style finishing. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

Back, Neck and Scalp Massage 30 mins 370EGP

Come join us near the indoor spa pool or outdoor area for a relaxing spa treatment. This massage will leave you feeling relaxed and ready for another fun day on your holiday.

Spa Basics

Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule.

When should I arrive?

Please arrive at the Spa 15 minutes before the scheduled time to check-in and change.

What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

What about my valuables?

We advise guests not to bring valuables to the spa as we do not accept liability for loss. For all other personal items we provide lockers.

What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

Who will be responsible for my child during his/her treatment?

We have something for every member in the family. However, children and teens (under 18) must be accompanied by an adult.

What about payment for spa services?

You may charge spa services to your hotel bill.

All prices are quoted in Egyptian Pounds and inclusive of Tax and Service Charge. Rates are subject to change without prior notice.



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SENSATORI

Chavana Spa
Sensatori Sharm El Sheikh
Sharm El Sheikh, Egypt

Phone: +2 069 3670 585

Fax: +2 069 3670 580

E-mail: sensatorisharm@chavanaspa.com

www.chavanaspa.com



MANDARA
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A Mandara Spa Company